Spiritual Depression: Its Causes and Cure by D. Martyn Lloyd-Jones STUDY GUIDE

By Brian James Mann

For use in Midweek studies, Sunday School, Small Groups, Counseling Sessions, etc.
Study #1

BIOGRAPHICAL FOREWORD
1. What does a counselor exist to do? (#4)
2. How should a counselor bring a person to the truth of a situation? (#4)
3. What can solve the majority of personal problems of a congregation? (#5)
4. How can knowing about the author of a book create interest and learning? (#7)

Ch. 1 GENERAL CONSIDERATION
Read Psalm 42

1. What does the footnote of the ESV in Psalm 42:5 say that the phrase “my salvation” is literally? What other verse does the ESV translate the same way? (Bible)
2. Where does spiritual depression show most visibly according to Lloyd-Jones? (p. 13)
3. What is the solution for a sad face? (p. 13)
4. How does one’s temperament make a difference in the diagnosis of problems in the Christian life? (p. 15) What examples parallel this in diet and exercise?
5. Define an introvert and an extrovert. (pp. 16-17)
6. What is the difference between examining one’s self and introspection? (p. 17)
7. How does physical weakness affect the Christian in battle with the devil? (p. 19)
8. What is the cause of all spiritual depression? Who is a person listening to when they have spiritual depression? (p. 20)
9. To be cured of spiritual depression, what should we do instead of listening to ourselves? (p. 20-21)

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1 The English Standard Version of the Bible 2001 edition is used in this study for reference. Lloyd-Jones used the KJV. The ESV parallels the KJV closely enough to make comparable notes, while offering an up-to-date translation of the Hebrew and Greek manuscripts. Where the ESV differs from the KJV in the book, this study guide attempts to note.

The edition of Spiritual Depression: Its Causes and Cure (2011) used in this study can be purchased through GRANTED MINISTRIES PRESS located at 120 North Third Street Hannibal, MO 63401 USA www.grantedministries.org orders@grantedministries.org
Study #2

Ch. 2 THE TRUE FOUNDATION
Read Romans 3

1. How did men in the Bible stand out in their circumstances and conditions? (p. 23)
2. What is the essence of treatment for Spiritual Depression thus far? (p. 23)
3. How does one get in the condition to pray? (p.24)
4. How does Lloyd-Jones describe a Christian who does not understand the way of salvation? Why does he say they are in this condition? (p. 25)
5. What was John Wesley’s testimony? (pp. 25-26)
6. How does Lloyd-Jones say the average person in the Church regards men as Christians? What is the source of this point of view? (p. 26)
7. What must we do in order to really have hope and peace? (p. 27)
8. How is righteousness obtained? (p. 27)
9. What importance does the conviction of sin have to do with this? Along these lines, how does order in the Bible matter? (p. 28)
10. What is the danger of describing sin in terms of action only? (p. 29)
11. How did this understanding of sin aid John Wesley in conviction and then salvation? (p. 30)
12. What person in Scripture does Lloyd-Jones use to illustrate the most terrible sin? (p. 31)
13. What are the two principles that Lloyd-Jones is dealing with in this sermon? (pp. 31-32)
14. What does ‘The righteousness of God in Christ’ mean? (p. 32)
15. How do we share in this righteousness? (p. 33)
16. What is the essence of Christian salvation? (p. 34)
17. What is the first step to be rid of Spiritual Depression? (p. 35)
Study #3

Ch. 3 MEN AS TREES, WALKING
Read Mark 8:22-26

1. What event in history brought peace and joy into the Church in a way that she had not known since the early centuries? (p. 37)
2. How does Lloyd-Jones describe the miserable Christian? What is he doing wrong? (p. 40-41)
3. What is the most comfortable type of religion? (p. 44)
4. Fill in the following outline from the sermon reading on pp. 42-48.
   A. What they don’t see clearly (i.e. condition). They have no clear understanding of certain p___________. (pp. 42-43)
      a. About the d________ of Christ and it’s a________ n________ and the d________ of r_________.
      b. Their h________ is not fully e____________.
      c. Their w________ is d__________.
   B. Why they don’t see clearly (i.e. causes or reasons for the condition)
      a. They object to c____-c____ definitions. (p. 44)
      b. They never fully a________ the teaching and a________ of the Scriptures. (p. 44)
      c. They are not interested in d____________. (p. 45)
      d. They do not take the doctrines of the Scriptures in their r________ o_________. (p. 46)
   C. The cure for this condition
      a. Avoid making a p________ c_________ that your blindness is cured. (p. 46)
      b. Avoid saying ‘There is no point in g________ o____.’ (p. 47)
      c. To be h__________ and to answer the Lord’s question t___________. (p. 47)
      d. S____________ yourself to Him. (p. 47-48)
Study #4

Ch. 4 MIND, HEART, AND WILL
Read Romans 6:1-17

1. What opposition does Lloyd-Jones speak of concerning the “citizens of the Kingdom of God?” (p. 51)

2. Are there any in this kingdom who are exempt from the aforementioned opposition? (pp. 51-52)

3. What chiefly characterizes the activity of Satan? (p. 51)

4. What are the ‘mumps and measles’ of the soul? (p. 52)

5. While the first cause of spiritual depression may be Satan, the second cause is lack of b____________ in the Christian life. (pp. 52-53)

6. How does the preacher or evangelist play a role in this problem? (p. 53)

7. What are some ways you can think of to help the church of God in preparing ministers in the future to be balanced?

8. What was the major misunderstanding that Paul was dealing with in Ch. 6 of Romans? (p. 53b-54a)

9. “Spiritual depression or unhappiness in the Christian life is very often due to our failure to r_____________ t________________ g____________ of the g________________.” (p. 54)

10. What is the gospel a message of? (p. 54-56)

11. Describe the partial responses to the gospel that people give? Spec. head, heart, will. (pp. 56-60)

12. What order must these items come in? (p. 61)

13. Out of the head, heart, and will, which is the only one to be approached directly? (p. 62)

14. When this is done in proper order, what properly follows? (p. 61)
Study #5

Ch. 5 THAT ONE SIN

Read 1 Timothy 1:1-16

1. In general, why does the Christian deal with recurring guilt over sins of the past? (Give a summary of pp. 65-69a)
2. What makes a Christian a Christian according to Lloyd-Jones? (pp. 67a)
3. Explain how God used Paul as a model. I.e. Paul was used as a model for what and for whom? (pp. 69b-70a)
4. What were Joseph and David concerned with when they sinned? What language did they use to express this? (p. 71)
5. Describe God’s view of sin and its relationship to the Law. (p. 72a)
6. What is the terrible sin that unhappy Christians are committing according to Lloyd-Jones? (pp. 72b-73)
7. What is wrong with praying frantically to be forgiven of a particular sin? (p. 73)
8. Describe how God sees the Christian in the state of justification.
9. Name at least three aspects of this condition. (p. 74b)
10. What does it mean to be in union with Christ? See Romans 5-6 and put in summary (p. 75)
11. How should we look at past sins specifically? Give a detailed summary and goal of such a look. (p. 75b)
Study #6

Ch. 6 VAIN REGRETS

1. What is the false advertising that Martin Lloyd-Jones speaks of when it comes to being a Christian? (p. 79)

2. What is the issue in this chapter that people are crippled by? (p. 80)

3. What is the answer to this issue from a common sense perspective? (p. 82-83) State the three arguments that MLJ gives.

4. What is the answer to this issue from a Scriptural perspective? (p. 86) Name the two deductions that MLJ gives.

5. What is the negative cause of this particular manifestation of spiritual depression called ‘vain regret?’ (p. 87)

6. What is the positive cause of this particular manifestation of spiritual depression called ‘vain regret?’ (p. 88)

7. What is the fundamental difference of interest we possess compared with the interest God has in our work? (p. 88-89). How does this show itself in the parable of Matt. 20?

8. What is the whole point of the parable in Matt. 20? What is this standpoint that illustrates the kingdom of God so clearly? And how does the Apostle state this in 1 Cor. 15:8-10? (p. 89)

9. What does the Old Testament teach us concerning the ‘evening’ of our lives? And what is the great vision and understanding of the coming of Christ that the prophet Joel was given? (p. 89-90)
Study #7

Ch. 7 FEAR OF THE FUTURE
Read 2 Timothy 1:7-18

1. According to Lloyd-Jones, what is the first cause of this condition of spiritual depression? How would you defend this reality to someone who may object to it? (p. 95)

2. How does God use differences of personality? (p. 96)

3. What is the second cause of this condition of spiritual depression? (p. 97) What is their focus upon? And how would you say this is this right and wrong? (pp. 96-97)

4. What was Timothy afraid of? (p. 98) And how does Paul state this in 2 Timothy?

5. What is the first step of treatment of this condition? (p. 98) What Scriptures would you use to deal with this matter?

6. What two failures (positive and negative) does Paul deal with concerning this condition in Timothy? (p. 99) What is the gift that we must greatly consider in this matter? (p. 100)

7. How should our temperaments not control us? Who should control us? (p. 101) Explain in detail how this works out in the Christian life. (pp. 101-102)

8. Why does Paul mention the ‘love’ in this matter? (pp. 102-103)

9. What does Paul mean by a ‘sound mind?’ Explain this in the disciples’ lives, according to the teaching of Jesus. And then explain this in the young girl’s life at the end of this chapter. (pp. 104-105)
Study # 8

Ch. 8 FEELINGS

Read Second Timothy 1:6, Psalm 42:11, and Matthew 6:33

1. Name three problems, including the one at hand, that create a miserable Christian (Chapters 6-8)
2. What are the contributing factors to putting feelings in the first place and allowing them to rule you? The question of t______________________, n__________________________, and the characteristic of certain d__________________________ (p. 113).
3. How would you correct a brother or sister in the Lord who is known for always speaking his or her mind?
4. You will never see until you have t_________. (p. 114)
5. Who were J.C Philpot (p. 113), Henry Martyn, and Thomas Sheppard (p. 115)?
6. Describe the difference between happiness and joy scripturally speaking. (pp. 115-116)
7. Name some methods to stir one’s self up. (pp. 116-117)
8. What is the remedy to the predominance of feelings? (p. 117-118)
Study #9

Ch. 9 LABOURERS IN THE VINEYARD
Read Matthew 20:1-16

1. What are the two things that make it certain we will have troubles in the Christian life? (p. 121)
2. How many general truths do parables illustrate? Defend your answer with Scripture. (p. 123)
3. What question does the parable in Matt. 20:1-16 address? (pp. 123-24)
4. Causes of the trouble of the men in the aforementioned parable:
   a. Their a__________________ toward themselves. (p. 125)
   b. A__________________ their own work. (p. 126)
   c. Began to m___________________. (pp. 126-27)
   d. J____________________ of others. (p. 127)
   e. A feeling that that householder was u______________________. (pp. 127-28)
5. What is the controlling principle of the Kingdom of God? (pp. 128-29)
6. Let us get rid of this b__________________ s_____________________. (p. 129)
7. How should you explain rewards in the Christian life? (p. 130)
8. Should we keep a record or account of all that we do in the Christian life? Why or why not? (pp. 130-31) How does Lloyd-Jones say this affected his ministry? (p. 131)
9. What does Lloyd-Jones mean when he says that the Christian life is full of romance? (pp. 131-32)
Study #10

Ch. 10 WHERE IS YOUR FAITH?
Read Luke 8:22-25

The Trial of Faith

1. Why did Jesus rebuke the disciples? And what does this teach about the Christian life? (p. 137)
2. What is so wrong with being controlled by one’s feelings as a Christian? Explain the implications of being controlled by one’s feelings toward God and toward other people. (pp. 138-39)
3. Explain what Martyn Lloyd-Jones means by “the trial of faith” using the Scriptures which he used: Hebrews 11; James 1:2; Philip. 1:29; John 16:33; Acts 14:22. (pp. 139-40)
4. “To be f________________ is to be f_________________.” (p. 140)

The Nature of Faith

1. Concerning the nature of faith, why can’t faith be a mere matter of feeling? (p. 142)
2. What is faith positively and negatively speaking?
   a. [Positively] Faith is something that has to be e_____________________. (p. 143)
   b. [Negatively] Faith is a refusal to be c____________________ by the s_________________. Faith is the refusal to p_____________________. (p. 143)

The Application of Faith

1. Name and explain the following steps of applying one’s faith.
   a. T_____________________ charge of y__________________. (pp. 143-44)
   b. R____________________ yourself of what you b____________________ and k_________________. “Faith a__________ like that” (p. 144-45)
   c. Faith a_____________________ [what you b____________________ and k____________________] to the p____________________ s_________________. “Whatever your circumstances at this moment, bring all you k____________________ to be true of your r_____________________ to God to bear upon it.” (p. 145)
2. How can we be encouraged by this record of the disciples’ trial of faith according to Lloyd-Jones? (pp. 146-47)
Study #11

Ch. 11 LOOKING AT THE WAVES

Read Matthew 14:22-33

1. Describe what Martyn Lloyd-Jones means by the Peter mentality or the Peter temperament. (pp. 151-52)

2. Describe how people create their own doubts. (p. 153)

3. D__________________ are not incompatible with F__________________. (p. 154)

4. How do we know that in the midst of his doubts Peter’s faith was still there? (p. 154)

5. What things must we believe concerning the Lord to avoid the tyranny of doubts? (pp. 155-56)

6. What is the importance of the detail of the storm raging before Peter ever stepped out on the boat? And what does this teach us? (p. 157)

7. Fill in the blanks:
   a. R______________ After-thoughts. (p. 158) Explain what this means.
   b. I can never D___________ while we look at Him and are C___________ about Him. (p. 158)
   c. You cannot live on I___________ Faith. (p. 158) Name the example given. (p. 159)
   d. The only way to keep walking is to keep L__________________ at Him. (p. 159)
   e. Jesus will never let you S_______________. (p. 159)
   f. If Peter had looked at Him he would have gone on W__________________ on the sea, he would have never become D__________________. (p. 159)
   g. Faith looks at J_______________. (p. 160)

8. Read Jude 24-25 and close in prayer.
Study #12

Ch. 12 THE SPIRIT OF BONDAGE

Read Romans 8:15-17

1. For ye have not received the spirit of B______________ again to F______________ (Rom. 8:15 KJV)

2. What are the Romans up against at the time of Paul’s writing this epistle/letter? (p. 164)

3. Fill in the fears (from page 168):
   a. A W______________ fear of God
   b. A fear of the G______________ of the T______________
   c. Afraid in a W______________ way of the P______________ of the D______________
      (Cite the examples given from the Scriptures here & find the Scripture addresses of those examples.)
   d. Afraid of the S______________ that is W______________ themselves

4. What is the answer to this spirit of bondage according to Paul? (p. 169) Does this mean we ought to be passive? How not so? (p. 171)

5. The presence of the Holy Spirit in us reminds us of our R______________ _____________. (p. 172) How does the Spirit do this?
   a. He enables us to see that our object in the Christian life is not simply to attain a certain standard but to what???(p. 172)
   b. If I belong to God, then I must what???(p. 173)

6. P______________ must be intelligent. (p. 173) Explain this statement.

7. The presence of the Holy Spirit reminds us of O______________ D_______________. (pp. 173-174) [More periods below.] [I also could not get any of these except the fourth.]
   a. Our destiny is c________________ and s________________.
   b. Nothing can P______________ it.
   c. Realizing this, we can __________________ ourselves even as He is __________________.
   d. We feel there is no __________________ _______ __________________ _____________.

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Study #13

Ch. 13 FALSE TEACHING

Read Galatians 4:15

1. The Galatians’ trouble was due to false teaching. Describe how this has been the trouble of the Christian church throughout history, and how it has and is being overcome. (p. 178)

2. Describe the two forms that false teaching takes, and specifically describe the form of false teaching found in Galatians. (p. 179)

3. What made Paul write so vehemently to the church at Galatia? (p. 182)

4. Why does Paul talk so much of himself in the first part of this letter of Galatians? What is the first thing Paul lays down to deal with this false teaching? (p. 182)


6. Where does Paul’s authority come from? (p. 183)

7. What is our only standard? (p. 183) How does this affect how we interpret the Bible?

8. Some people may deny certain aspects of the Christian faith, but what is the danger we are dealing with here? (p. 184)

9. What are we saying when we say that people are Christians based on their good works alone and not their beliefs? (p. 185)

10. What does the Roman Catholic Pope claim? (p. 186)

11. How does Lloyd-Jones encourage us to test movements who offer additional revelation to the Bible? (p. 186-87)

12. What should we mainly be talking about, and why? (p. 189)
Study #14

Ch. 14 WEARY IN WELL DOING

Read Galatians 6:1-10

1. Why might one think the most difficult period in life is the middle period in life? (pp. 192-93)
   How may this middle period affect individuals, our work, our church, a collection of people, including a country or society? (p. 193)

2. We are considering people who are not so much tired ________ the work as tired ________ it. (pp. 193-94)

3. Three negative reactions to this weariness:
   a. Give u____, or give w__________ , or give i___ (p. 194)
   b. R________________ you to it. (p. 194) Explain how most people do this.
   c. Resort to a________________ s__________________ . (p. 195) Explain what this means and how it works itself out in the church. (pp. 195-96)

4. A positive response to this weariness: Self-Examination (p. 196)
   a. I must therefore ask myself: W________________ am I w__________________ ?
      Possible answers include:
      i. W________________ too h________________ p________________ .
         ii. Living the Christian life, or doing Christian work, by m________________ of c________________ energy. (p. 197)
   b. I must ask myself: W________________ have I been d________ this work? (p. 197) Name some possible motives.
   c. I must ask myself: Has the work k____________ me going? (p. 198) Explain the danger of this for those later in life.

5. Other cures for this weariness in a positive sense:
   a. Realize you have g________________ . (pp. 198-99)
   b. Remember it is “w________________ d________________ .” (pp. 199) “The Christian life is not a t________________ . The Christian life alone is worthy of the n________________ l________________ . (p.200)
   c. Realize something of the truth about the h________________ . (p. 201)
   d. Above all consider the M____________________ for Whom we work. (p. 201-202)
      How did He do it?
Study #15

Ch. 15 DISCIPLINE
Read 2 Peter 1:1-11

1. What was the fivefold condition of those Peter was speaking to? (p. 205)
   a. b______________ and u______________
   b. b______________ and c______________ n_____ see a_______ off
   c. f______________ that they had been p____________ from their o____________ s_______.

2. In what respect is Peter’s audience considered “unfruitful?” (p. 206) Further, fill in these blanks: He does not give the impression of being as our Lord said a Christian would be when he r____________ t___________ h____________ s__________.

3. What is the cause of this spiritual depression? An sheer absence of d______________, (p. 207)
   a. They have a wrong view of f_____________. Describe a mystical view of this thing. (p. 207-8) And what is the right view Peter proposes? (2 Peter 1:5)
   b. A lack of d_______________. (p. 208; 2 Peter 1:10) What things does Lloyd-Jones mention take our time from Bible reading? If we have t_______________ to do other things, we have the t_______________.

4. What is the cure of this spiritual depression? Exercise of d______________ and of d_______________. (p. 210) God is the rewarder of them that d_______________ seek Him. (p. 210 Heb. 11:6 KJV)
   a. We must i________________________ at all costs that certain things must be done. (p. 211)
   b. S_____________________ our faith, f______________ in the Greek. (p. 212)
     i. What does virtue mean? M_________ energy, v___________, not l___________. (p. 212) Compare and contrast the typical average Christian with the person interested in various games and the things that happen in the world of sport. (p. 213)
     ii. What does knowledge mean? (p. 213) It needs d___________ and a___________ (p. 214)
     iii. What does temperance mean? (p. 214) It means you will have to c______________ e______________ aspect of life. You must keep from eating, drinking, sleeping t_______________ m______________
     iv. What does patience mean? To keep on though everything d_______________ you. (p. 214)

What We Must Do “If you do these things...” 2 Peter 1:10

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v. What does godliness mean? C____________________ about and
c____________________ in maintaining your relationship with God. (p. 214)
vi. What are the last two things concerned with? (p. 214)

What We Must Believe, The Promises

5. What encouragement does the Apostle Peter state for us?
   a. R_____________________ us of what we are. (p. 214)
   b. If you do these things you will have great j______________________
      h______________________ in the present. (p. 215)
   c. What does ‘abundant entrance’ mean? (p. 216)
Study #16

Ch. 16 TRIALS

Read 1 Peter 1:1-7

1. Who offers that there will be no problems and everything will be perfect? (p. 220)
2. What does ‘Heaviness’ mean? (p. 220) And what is the danger of this thing?
3. What are ‘manifold trials?’ (p. 223)
4. What is the reason why these trials are happening to us? (p. 224)
   a. Because they are g_________ for us.
   b. Because they are part of our d____________ in this life.
   c. Because God has a ___________ it.
5. What is the Lord doing in our lives as Christians? I.e. What should be our fundamental conception of ourselves as Christians? (p. 225)
6. Why may God allow or appoint trials?
   a. It may be a part of our c_________________. (p. 225)
   b. It may be to p____________________ us for something. (p. 225)
   c. It may be to p____________________ us for g_____________ trials. (p. 226)
   d. It is for the p___________________ c_________________ of f______________.
      (p.226) How is faith more precious than gold? (p. 227)
   e. Our f____________________ needs to be p__________________ (p. 227)
      i. This means that God tests us by trials as if by fire in order that the things which do not belong to the essence of faith may f__________________________.
      ii. This develops the element of t_________________.
      iii. This develops p________________________ e_________________. (p. 228)
   f. It is in order to s_________________ the g____________________ of our faith. (pp. 228-29)
7. What is the consolation and encouragement concerning trials? (p. 230)
   a. Trials are only for a s_________________________. I.e. Trials are not p________________________.
   b. God is your l________________________ f________________________, He knows how much you can take and stand.
   c. Remind yourself of the things ‘wherein you greatly rejoice.’ What are such things? “I know God is g______________, I know Christ d_______________ for me, I know I b____________________ to God, I know my inheritance is in h____________________, I cannot s__________ it now but I know it is there, I know God is k_______________ it and that no one will ever take it out of His m______________ h__________.”
   d. What should we look forward to? (pp. 231-32)
Study #17

Ch. 17 CHASTENING
Read Hebrews 12:5-11

1. What is God’s purpose for your life? And on the basis of what Scriptures? (p. 235) And what does this mean concerning your final destination? (p. 236)
2. If we do not understand this is God’s purpose for us, what view of God will we have? (p. 235)
3. Why are the people suffering in Hebrews 12:5-11? (p. 235)
4. What does ‘Recalcitrant’ (p. 236) mean? (dictionary definition)
5. Because God is so committed to fulfilling His purpose in our lives, what two means does he offer to ensure it takes place? (p. 236)
6. How important is it to have a sense of this process that is called ‘chastisement’? I.e. what does it offer the Christian in real terms? (p. 237)
7. Define ‘chastisement.’ (p. 238)
8. What is the first circumstance named by Lloyd-Jones that God uses in chastisement? (p. 238)
9. Name the other circumstances used by God the Father to chastise us:
   a. H_________________ (p. 239)
   b. P_________________ (p. 240)
   c. W_________________ H______ P________ (p. 240)
10. Why does God chastise us?
    a. Generally because He l_____________ us. And for our g____________. And so we might become partakers of his h_____________. (p. 241)
    b. Because there are certain f_____________ in us, which n_________________ to be c______________. (p. 242)
        i. The danger of S_____________ P_____________ in us. (p. 242)
        ii. The danger of S_____________ C_____________ in us. (p. 243)
        iii. The danger of being A______________ by the W_____________ and its O_____________ and its W_____________. (p. 243)
        iv. The danger of s________-satisfaction. (p. 243)
11. What is the test of our profession concerning chastisement? (p. 244)
12. Positively, to be sanctified means:
    a. Showing the f_________ of the S________. (p. 244)
    b. L_________ to J________. (p. 244)
    c. H______________. (p. 244)
    d. H______________. -M__________________. (p. 245)
    e. M__________________. (p. 245)
Study #18

Ch. 18 IN GOD’S GYMNASIUM

Read Hebrews 12:3-17

1. Chastisement by God does not work in us a_________________________. (p. 248)

2. The wrong ways of reacting to trials, tribulations, and chastisement are:
   a. D________________________ (p. 249) This means to t________________ it o________ and
do________________________ it, and r________________________ to pay a________________________ to it.
   (p. 250)
   b. G_____________ U___ (p. 250)
   c. Become B___________________ (p. 250)

3. The right way to face things (i.e. productive reactions to trials):
   a. Behave as s________________ not as i_____________________. (p. 251)
   b. Put the thing, whatever it may be, in context of G_________ W________________. (p. 252)
   c. Follow the a________________ of G___________ W________________. (p. 253)
   d. Submit to G________ t______________ or p________________. (p. 254)

4. Where does Lloyd-Jones get the Title for this chapter “Gymnasium?” (p. 254)

5. What two reasons are given for ancient Greek athletes being stripped naked? (p. 254-55) Apply these things in spiritual terms:
   a. The first thing we have to do is to e_____________ ourselves. (p. 255)
   b. The second is that we must a________________ sin and c_____________________ it to God. (p. 256)
   c. Thirdly, we must k_____________ m_______________. (p. 256-57) Explain why this last point is so dangerous for the church. (p. 257)
   d. Fourthly, we must d____________ to stop d________________________ certain things,
that is come back to the s________________ and n________________. (p. 257)
   e. Lastly, we must h______________ after p________________ and h______________. (p. 257)

6. Meditate over how we can be encouraged by being put into God’s gymnasium. (p. 258)
   i. The Fruit That it Yields
   ii. The Lord We Will See
   iii. The Inseparable Love We Have
      1. How is this different than the impersonal attitude that people have
today according to Lloyd-Jones? (see p. 249-50)
      2. Do you have a personal God or an impersonal one? How should He be regarded? How should that affect your responsibilities and commitments?
Study #19

Ch. 19 THE PEACE OF GOD
Read Philippians 4:6-7

1. The New Testament epistles...were designed to help the first Christians to overcome the ______ of ________. (p. 261)

2. How could the Psalmist in Psalms 3-4 lie down and sleep when surrounded by enemies and by difficulties and trials? (p. 262)

3. In the midst of circumstances, we find out what our f__________ is w_________ at that point. (p. 262)

4. Why is it not adequate to tell a person to stop worrying? (pp. 263-64)

5. How does Lloyd-Jones define the following: (p. 267)
   a. Prayer?
   b. Supplication?

6. What are some suggestions to stimulate thanksgiving? (p. 268)

7. We w_________ first and then we make our r_________ k_________. (p. 268)

8. What the Apostle does not say about prayer, that psychology often does: (pp. 269-70)
   a. We will f_________ better.
   b. Pray, because while you are praying you will not be t__________
      a___________ the p_________________.
   c. If you fill your mind with the thoughts of God and Christ these things will
      p____________ out other t______________
   d. Pray because prayer c__________ t______________.

9. Who changes things? (p. 270)

10. Describe what it means to have your heart “kept” by God. (p. 270)

11. Is there any limit to God’s promise here for those who follow the Apostle’s instructions? (p. 271)
Study #20

Ch. 20 LEARNING TO BE CONTENT
Read Philippians 4:10-12

1. Paul was not depending on the Philippians in an u____________s_____________ (p. 277)
2. Explain how Paul shows the primacy of the Lord and the all-sufficiency of the Lord, while at the same time showing his gratitude and indebtedness and his love toward the Philippians. (p. 277)
3. The condition that Paul arrived at is called C__________________. (p. 277) This means to be i__________________ of c________________________. (p. 278)
4. Should a man be content to stay in poverty? Why or why not? (p. 279)
5. The way by which Paul arrived at this condition was by L________________________. (p. 283)
   a. He learned contentment by great e_____________________. (p. 284; 2 Cor. 12:9-10)
   b. He learned contentment by working out a great a_________________. (p. 284)
   c. He learned contentment by looking at the great e___________________, Jesus Christ. (p. 285; Heb. 12:1-4)

Ch. 21 THE FINAL CURE
Read Philippians 4:13

1. The Christian man is not just a good man, the L________ of God has entered him. (p. 292)
2. Describe Stoic, Hindu, and Buddhist philosophy and defend how Paul’s teaching is not like that. (pp. 292-293) Why must we reject these negative views of life? (p. 293)
3. Should the preacher deal with specifics concerning politics or economics according to MLJ? Why or why not? (p. 294) What is the business of Christian preaching? (pp. 294-95)
4. What are the errors in trying to obtain this power to handle whatever comes one’s way?
   a. Emphasizing the ‘__’ meaning that we should not live by our own P____________________. (p. 295)
   b. Obliterating the ‘__’ meaning that the Christian life is not a life in which I am obliterated and Christ does all (pp. 296-97).
5. Describe how a preacher gets a powerful message. (p. 298)
6. The secret of power is to d________________________ and to learn from the New Testament what is p________________________ for us in Christ. (p. 298) Describe what this means using the analogy of health. (p. 299)
7. Lloyd-Jones calls this infusion of power a spiritual b________________-t_________________. (p. 299)
8. Do not agonize in prayer beseeching Him for power. D___ w________ He has t________ y_________. (p. 300)

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